

Some of my favourite writing resources by Deborah Chalk, Martha Beck Certified Life Coach and Writing Coach.

'The Artist's Way' 12 week writing/creative programme in a book that primes the pump of your creativity.

'Big Magic' book by Elizabeth Gilbert – For all the fear that comes up around being a creative.

Magic Lessons – wonderful podcast from Elizabeth Gilbert that really relates to the writing life.

Mslexia – women's intelligent writing magazine.

'Save the Cat! The Last Book on Screenwriting You'll Ever Need' by Blake Snyder.

'You Are a Writer' (so start acting like one) by Jeff Goins.

'On the Page' – great podcast about screenwriting.

'Deep Work' by Cal Newport – as a mother I find this not totally realistic for me, but I love to be inspired by this book that encourages you to make the time for the work that matters to you and to spend less time on Facebook. 😊

Steven Pressfield books 'The War of Art' 'Turning Pro' and 'Do the Work' for when you need to be told to just get on with it.

Focus at Will – Productivity app with music to get you in the zone.

Habitica – gamified app to get you into a regular writing routine.

Omniwriter – distraction free writing environment for your computer with typewriter noise to help you feel like Hemingway.

Moleskine notebooks

Uniball- eye finewriter pens Mitsubishi Pencil Co Ltd

Productivity Planner created by Intelligent Change/Alex Ikonn

I offer writing coaching and life/career coaching packages via Skype, telephone or in person in Oxfordshire. Please email me at deborah@deborahchalk.com to set up a free 30 minute consultation to talk about working together.